Test response

If you answered “Yes” to at least **4 questions**, you may be heading toward a problematic gambling behavior.

If you answered “Yes” to **5 or more questions,** you might be experiencing a gambling disorder.

In both cases, it may be advisable to contact the **toll-free helpline + 39 800 55 88 22,** available Monday to Friday, from 10:00 AM to 4:00 PM. You can discuss and evaluate the best way to help with our professionals.

This service offers **free advice** and guidance both to people who have developed gambling-related problems and to their family and friends. It can also help direct users to local support services that best meet their needs.

During the call, psychologists will assign a personal code to the caller. This allows any follow-up conversations to resume exactly where they left off, while still ensuring **complete anonymity.**

CODERE CON IL GIOCO RESPONSABILE
ADM 18+ 800 55 88 22
IL GIOCO PUÒ CREARE DIPENDENZA PATOLOGICA. È VIETATO GIOCARE AI MINORI DI ANNI 18.
È possibile consultare le probabilità di vincita dei singoli giochi su www.adm.gov.it nelle sezioni dedicate.

Self-assessment test

G.D.

Gambling-Related Risks

codere

If you think you have a gambling problem

Starting today, there's one more way to get help

Call the **toll-free number 800 55 88 22**:
sychologists, psychotherapists, and legal experts are available to welcome, support, inform, and guide you if you're feeling overwhelmed. Your call is anonymous and protected by professional confidentiality and privacy regulations.

Telefono Verde Nazionale
800 55 88 22
PER PROBLEMATICHE GIOCO D'AZZARDO

It only takes a few minutes to answer a short series of questions about your relationship with gambling completely anonymously. You can answer freely and drop your completed questionnaire into one of the collection boxes provided in the venue.

Start the Test

Do I feel increasingly absorbed in gambling?

☐ **YES** ☐ **NO**

Do I feel the need to bet increasingly larger amounts of money to get the same thrill?

☐ **YES** ☐ **NO**

Do I feel restless or irritable when I try to reduce or stop gambling?

☐ **YES** ☐ **NO**

Do I often go back to gambling to recover losses?

☐ **YES** ☐ **NO**

Do I use gambling as an escape from problems or to relieve feelings such as despair, guilt, anxiety, or depression?

☐ **YES** ☐ **NO**

Have I ever lied to family, friends, or colleagues about how much I gamble?

☐ **YES** ☐ **NO**

Have I ever committed illegal acts to finance my gambling?

☐ **YES** ☐ **NO**

Do I feel that I have risked personal relationships, career, or social life because of gambling?

☐ **YES** ☐ **NO**

Do I rely on others to provide money to continue gambling?

☐ **YES** ☐ **NO**

Does my gambling cause me any kind of distress?

☐ **YES** ☐ **NO**

Test response